# Ballet

List of resources

**Reading list**

Grieg, V. (1994) *Inside ballet technique: separating anatomical fact from fiction in the ballet.*  London: Dance Books.

Jackson, J. (2005) My dance and my ideal body. *Research in Dance Education*, 6, 1.2, April/December, pp. 25-40.

Paskevska, A. (2005) *Ballet beyond tradition: the role of movement concepts in ballet technique*. New York and London: Routledge.

Tully, R. (2011) *The song sings the bird. A manual on the teaching of classical dance.* Rome: Gremese.

Recommended

Jackson, J. (2009), En place – choreographic investigations of the dancer’s awareness of ballet form in C. Stock (Ed.), *Dance Dialogues: Conversations across cultures, artforms and practices*, Proceedings of the 2008 World Dance Alliance Global Summit, Brisbane, 13 – 18 July. On-line publication, QUT Creative Industries and Ausdance. Available at: <http://www.ausdance.org.au>

Kirstein, L (1983) Classic Ballet: The Aria of the Ain Copeland and Cohen (ed.) *What is Dance?* pp 238- 243.

Lawson, J. (1960) *Classical ballet. Its style and technique*. London: Adam & Charles Black.

Newman, B. (2004) *Grace under pressure: passing dance through time*. London: Dance Books.

Rosas-Thema, C. (2008) *Rhetorical moves – reclaiming the dancer as rhetor in a dance performance*. Saarbrucken: VDR Verlag Dr Muller. (Introduction)

Shook, K. (1977) *Elements of classical ballet technique – as practiced (sic) in the school of the Dance Theatre of Harlem*. New York: Dance Horizons.

Stokes, A. (1983) The classical ballet, in Copeland and Cohen (ed.) *What is Dance?* (pages 244- 248 for origins and characteristics of ballet).

Warren, G. W. (1996) *The art of teaching ballet – Ten twentieth century masters*. Gainsville: University Press of Florida.

White, J. (1996) Teaching classical ballet, Gainesville: University of Florida Press (page 79).

**Reference list**

American Ballet Theatre Online Dictionary. Available at: [www.abt.org/education/dictionary/index.html](../../../Downloads/www.abt.org/education/dictionary/index.html)

Grant, G. (1982) Technical Manual and Dictionary of Classical Ballet. New York: Dover Publications.

Medimex. free online dictionary and thesaurus. Available at: <http://www.memidex.com/>

**Viewing list**

*Theme and Variations*, choreography by George Balanchine, 1978 performance by American Ballet Theatre (34:23), watch first 2 minutes. Available at: <http://www.youtube.com/watch?v=OgCareuuxK4&feature=related>

Royal Ballet daily class (01:15:41), watch first 10 minutes. Available at: <http://www.youtube.com/watch?v=5EVMjnHFg-w&feature=related>